**Introduction to the Dumbbell**

This class will be structured for dogs who have none or very little experience with the dumbbell.

Hopefully, at the end of the 6 week session the dog will be:

1. Reaching for and holding the dumbbell with no mouthing
2. Picking up the dumbbell from an elevated object (book on the floor)
3. Picking up the dumbbell from the floor
4. Picking up the dumbbell from on or under a chair
5. Retrieving from the floor a 3-4 ft "toss"

Depending upon the proficiency of the dog, later sessions will include "Dumbbell Games".

Homework will be distributed at the end of every class session.  In order for the dog to be successful daily training is a must.

Because all dogs do not fit a common "mold" we will individualize training techniques to the individual dogs enrolled in the class.

We will primarily use a combination of training methodologies to include Matthew Twitty, Adele Yunck, Terri Arnold and Michael Ellis.

Please bring a properly fitted dumbbell to the first class session. If you are unsure of how to measure your dog for a dumbbell, check out this link: <https://dogtrainingtreasures-store.com/how-to-measure-for-dumbbells/> If you are still unsure, please contact Becky or Lisa for assistance.

We want this class to be a positive experience for both dogs and their handlers with the goal being a happy, enthusiastic dog.  Who LOVES his or her dumbbell!